

SARAH JOSSEL



...is the #Beauty**BOSS**

Bodycare that you will actually use this summer.

I am a marketing team's dream customer when it comes to body products. I see words such as "glowing", "smooth" and "radiant" and I convince myself that I need it urgently. I pledge that things will be different this time and I will actually use it. For the next few weeks, it has prize position on the side of my bathtub. But after nose-diving into the bath a dozen times, it's relegated to the back row in my bathroom cabinet. And then, out of sight, out of mind.

Lately, though, I've been discovering products that are so easy to introduce, I'm already speeding through my second buys. First is the new Sanctuary Spa Ultra Rich Wet Skin Moisture Miracle (2 £10). You might have tried the original version. It came out two years ago and created a real buzz as it allowed us to moisturise in the shower. Well, this is its even more talented sister. Also designed to be used in the shower, it locks in water and has extra moisturising benefits, including shea butter and hyaluronic acid. All time-poor types should head to checkout immediately.

Next, SVR Topialyse Balm Spray (1 £15) is a deeply satisfying hydrator that replaces those thick, gunky creams that take for ever to rub in. SVR, by the way, is a French pharmacy brand that should be on more people's radar. The range is prescribed by dermatologists and its shtick is products suitable for even the most hypersensitive skin. Choose this if traditional body creams tend to irritate. It's great for very dry skin, yet so gentle it can be used on eczema-prone skin and even babies.

Kayo, meanwhile, is a brand from Malibu and is inspired by whizzy facial skincare (think active ingredients), but for the body. The impressively lightweight Concentrated Firming Serum (4 £37) is an excellent alternative for those who can't stand the ghostly residue of a normal body cream or the all too common tacky-to-touch skin, and it's packed with hyaluronic acid and omega oils.

I'm intrigued by a brand that has recently landed on the beauty desk, called UpCircle. It turns leftover natural ingredients into beauty products. For example, the coffee grounds in the Coffee & Lemongrass Body Scrub (3 £15) are collected from independent coffee shops around London. The scent is tropical, and it glides on surprising well for an old-school grainy scrub.

Finally, the gentle creamy, slightly foaming Dr Hauschka Shower Cream (5 £12). I adore the zingy scent. It's a crowd-pleasing all-rounder that doesn't dry out skin. Yes, this is the bodycare worth buying.



SARAH'S SECRETS



NEW BEAUTY HALL ALERT

It's been four years in the making, but finally, on Tuesday, Harrods unveils its brand-new beauty hall. Think digital tutorials, magic make-up mirrors, AI technology and personalisation pop-ups. If you're a lover of lipstick, you can expect a casual 97,000 varieties available on counter, including — exclusively — the coveted new Gucci lipstick. It has all the beauty icons, such as Chanel, Dior and Tom Ford, but will also be home to rising stars like La Bouche Rouge and Surratt Beauty. See you there!

Tweet or Instagram your beauty questions @SARAHJOSSEL